

Agency Participant Child-Parent Psychotherapy Training Learning Collaborative Application

The first training session will take place on May 14th in Wasilla, AK

Alaska's Child-Parent Psychotherapy Learning Collaborative offers each agency/staff an opportunity to participate in a self-reflective process to assess their readiness to implement Child-Parent Psychotherapy into their organization.

**Please read the attached training document and participant agreement for a complete description of the 18 month Learning Collaborative and required commitment. Please download this document before completing.*

*Plases email completed applications to: Aaron Clements at AaronC@codi-ak.org
OR Fax to (907)745-4897, ATTN: Aaron Clements
For questions, please contact: Chris Gunderson at CGunderson@denalifs.org*

I) APPLICANT INFORMATION

Name:

Current Position:

Licensure:

CV/Resume attached with additional professional information?

Yes No

Are you a member of the Alaska Association for Infant and Early Childhood Mental Health (AK-AIMH)?¹

Yes No

Are you currently working toward endorsement through AK-AIMH?

Yes No

Years of residency in Alaska:

II) AGENCY INFORMATION

Agency name and address:

Agency overview:

Number of clinical staff:

Client populations served:

¹ Membership in AK-AIMH will not impact review or selection of applications.

Primary referral sources:

Total number of children/families served each year:

Children age birth to three served each year:

Children age three to five served each year:

Families seeking trauma-focused service each year:

At present, what types of therapy does your agency typically provide to families seeking treatment for their young children and/or to families seeking assistance with trauma related symptoms or experiences (e.g. individual parent, individual child, group, or family treatment)? Please note if models used are evidence-based.

Do you provide additional services beyond therapy for these families? If yes, please list.

What barriers has your agency experienced in being able to successfully treat young children, trauma related symptoms, and/or parent-child relationship issues?

III) TEAM INFORMATION

Because the goal of the learning collaborative is sustained implementation of CPP in your agencies, we urge you to select your team members based on several criteria:

- Interest in the CPP modality;
- Clinical expertise with trauma and/or young children; and,
- Ability to communicate the practice to others in the agency through training and supervision.

This final criterion is important to ensure that the practice will begin to take hold within the agency as a whole and not simply among the participating team members.

Name of agency contact person:

Title:

Telephone number:

Fax number:

Email address:

Mailing address:

Proposed team leader's name:

Proposed team leader's title:

Briefly describe each team member from your agency that will participate in the learning collaborative:

Name and title:

- Length of time at the agency and responsibilities at the agency:
- Formal training and professional experience:
- Interest in treatment of trauma, young children, and parent-child dyadic therapy:

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IV) AGENCY PARTICIPATION IN THE LEARNING COLLABORATIVE

SHORT ANSWER QUESTIONS: Please answer the following questions using the space provided.

1) Do all proposed core team members have email and internet access?

Yes No

2) Are there specific populations or issues that you would like to be addressed in the Learning Collaborative? If so, please describe:

Implementing a new practice requires planning and coordination both prior to and following the actual training date. The “start-up” phase of this collaborative, beginning about six weeks prior to the first Learning Session, will include readings and participation in 2-3 consultation conference calls with the faculty and other members of the collaborative.

3) Will your clinicians and supervisors be available to participate in the work of the start-up phase?

Yes No

4) Will you be able to meet as a team to discuss organizational readiness?

Yes No

5) Will your senior leadership participate in these discussions?

Yes No

6) Do you anticipate being able to recruit families of traumatized children age birth through five prior to the first Learning Session? This is important so that all participating clinicians from your agency will be able to treat *at least two* caregiver-child dyads beginning within three to four weeks of the first Learning sessions.

Yes No

7) Will the clinicians and supervisors on your team be able to participate in a one-hour case consultation call two times a month between Learning sessions?

Yes No

8) Will clinicians commit to presenting one or two cases on consultation calls during the collaborative process?

Yes No

9) For each of these cases, will they be able to prepare and distribute to call participants a summary of the family background and presenting program and a process note describing at least one clinical session?

Yes No

10) Describe the model for clinical supervision that is used at your agency:

11) How many cases does a full-time clinician at your agency carry, and how many hours of supervision each week does each clinician receive?

12) Is the supervision individual or group?

13) *Clinical Reflective supervision*² is integral to the Child-Parent Psychotherapy model. Can your agency assure that each clinician receives at least one hour of reflective supervision each week, either group or individual?

Yes No

14) Will releasing clinicians and supervisors for learning sessions, telephone consultation and supervision represent a financial hardship for your agency? If so, how will your agency meet the challenge of making staff available for participation?

15) What is the agency's plan if any team members leave the agency or decide they cannot participate in the learning collaborative? How will new team members be chosen?

² A collaborative relationship between supervisor and supervisee where clinicians are encouraged to reflect on the progress of their work with children and families and on their own personal and professional development

V) ASSESSMENT AND EVALUATION

SHORT ANSWER QUESTIONS: *Please answer the following questions using the space provided.*

- 1) Does your agency currently assess trauma history of the children/parents or caregivers it serves?

Yes No
- 2) Is trauma history assessed using formal instruments? If so, which instruments?
- 3) How does your agency currently track clinical change? Is change assessed using formal instruments? If so, which instruments?
- 4) Will your agency be able to conduct assessments typically used as part of the Child-parent Psychotherapy intervention for each child-parent dyad prior to and following intervention (these include brief trauma history interviews and self-report questionnaires)?

Yes No
- 5) Is your team willing to complete short assessments evaluating the fidelity of your implementation of Child-parent Psychotherapy?

Yes No
- 6) Who will be responsible for coordinating the data collection and transmitting data to Erikson Institute, the host agency for the Learning Collaborative?

VI) NARRATIVE AND CONTINUED CPP IMPLEMENTATION

Please provide a narrative that answers the following questions in no more than ten pages.

- 1) Learning and implementing a new intervention takes extra time, planning, and consultation. Other than sending staff to the learning sessions, how will your agency provide administrative support and change clinicians' schedules or responsibilities in order to allow time to a) implement a new practice, b) recruit potential clients, and c) evaluate the program? If your agency has not previously served children under five or traumatized children, please give special attention to how you will work with referral sources to reach out to this new population.
- 2) How will your agency work to ensure that Child-parent Psychotherapy takes hold and will be implemented with sufficient fidelity *after* the learning collaborative ends? Please describe the challenges to implementation that your agency anticipates, and how senior leadership plans to meet these challenges.

- 3) How do you anticipate that team members will be able to share knowledge that they gain in the learning collaborative with other agency personnel and programs?

- 4) Will your agency's current reimbursement mechanisms cover Child-parent Psychotherapy? If not, what are your plans for obtaining the funding that will allow you to implement and sustain the practice?

- 5) How do you think your agency's services or staff will look different if you have a successful experience with the learning collaborative?

- 6) What challenges do you hope to address through participation in the learning collaborative? What changes or insights do you hope to accomplish in the services that you provide to young children and their families?

VII) FINANCIAL SUPPORT

- 1) If selected, the cost to participate in the learning collaborative is \$1,000 per participant. Will you need a tuition scholarship to support your participation? If yes please explain.

- 2) Will you need a travel scholarship in order to attend the didactic learning sessions? If yes please explain.

Thank you!