



## Denali Family Services Referral Information

### Outline of Services

Denali Family Services is a non-profit agency that provides mental health services for SED youth and their families. If your family qualifies, we can offer a wide range of services which include:

- Mental Health Assessments
- Case Management Services
- Individual and Group Skill Development
- Individual, Family and Group Psychotherapies
- In-school Support
- Therapeutic Foster Care (TFC/MTFC)
- Home Based Support
- Little Steps Pre-School (for ages 3-5 years)
- Psychiatric Evaluations and Medication Management

**In order to be eligible for services, you would need to answer 'yes' to the following questions:**

1. Is the child or youth under 21 years of age?
2. For the past 6 months, has your child been in danger of leaving his or her home or school setting due to his or her behavior or mental status or
3. During the past 6 months has your child been in a psychiatric hospital, residential treatment center, or foster care setting due to his or her behavior or mental status?

**You must answer 'no' to the following question:**

1. Can the child's behavior or condition be explained by a non-mental health disability or other medical condition?

### Referral for Services

If your answers to these questions indicate that your child may qualify for services, please contact the Intake Coordinator at (907) 222-2347 to begin the referral process. Please fill out our confidential application which provides us with the applicant's current information and the type of service being applied for. In order for us to make the most informed decision regarding eligibility we ask that you include specific records with your application. If you cannot provide these records, please make sure to fill out the DFS release(s) of information that will allow us to access them from the youth's previous service providers (please make sure that releases have witness signatures).

Referrals are staffed weekly through an Intake Committee in order to determine if applicants are eligible for services. A complete mental health assessment will be needed to make a final determination. If your family does not qualify for services with DFS, we will provide you with an alternate referral source.

Thank you for your interest in our services and we look forward to working with you!

**Office Use Only**  
 Intake Committee Review  
 Date \_\_\_\_\_  
 ↑Accept      ↑Refer Out



**Denali Family Services**  
 CONFIDENTIAL APPLICATION

**Return Application to:**  
 Intake Coordinator  
 Denali Family Services  
 1251 Muldoon Rd, Suite 116  
 Anchorage, AK 99504  
 Phone: 907-222-2347  
 Fax: 907-222-2397

**Referred By (Name):** \_\_\_\_\_ **Legal Guardian?** Yes  No

**Agency (if applicable):** \_\_\_\_\_ **Referral Date:** \_\_\_\_\_

**Contact Information:**

Phone: \_\_\_\_\_  
 Fax: \_\_\_\_\_  
 How did you hear about us?  
 \_\_\_\_\_

**Service Needed (please check one):**

- Wraparound Services       Wraparound, Valley  
 Therapeutic Foster Care       Therapeutic Foster Care, Valley  
 Little Steps Pre-School

**Applicant Information**

<b>Last Name:</b> _____		<b>First Name:</b> _____	
<b>Birth Date:</b> _____	<b>Age:</b> _____	<b>SSN:</b> _____	<b>Gender:</b> <input type="checkbox"/> M <input type="checkbox"/> F
<b>School:</b> _____	<b>Grade:</b> _____	<b>Education Plan (IEP):</b> Yes <input type="checkbox"/> No <input type="checkbox"/>	<b>Ethnicity:</b> _____
<b>Current Placement:</b> <input type="checkbox"/> Home <input type="checkbox"/> Hospital <input type="checkbox"/> RTC <input type="checkbox"/> Shelter <input type="checkbox"/> Foster Home <input type="checkbox"/> Other Name of Hospital, RTC or Shelter : _____ <b>Or Youth currently resides with:</b> _____ Address: _____ Phone: _____			
<b>Guardian 1:</b> _____ <b>Phone:</b> _____ <b>Address:</b> _____ _____		<b>Guardian 2:</b> _____ <b>Phone:</b> _____ <b>Address:</b> _____ _____	
<b>Most Current Psychiatric Diagnosis      Code</b> Axis I: _____ (      ) Axis II: _____ (      ) Axis III: _____ (      ) Axis IV: _____ (      ) Axis V: _____ (      ) Date of diagnosis: _____ Diagnosed by: _____		<b>Insurance/Medicaid Information:</b> Medicaid/Denali Kid Care: Yes <input type="checkbox"/> No <input type="checkbox"/> If Yes, <u>Include Number and Resource Code:</u> _____ Private: Yes <input type="checkbox"/> No <input type="checkbox"/> If Yes, include Insurance Name and Number: _____ Insurance Telephone: _____	
<b>Please include the following information (if applicable):</b> <input type="checkbox"/> <b>Release of Information Form(s)</b> ( <i>Required for all applicants</i> ) <input type="checkbox"/> Custody Document (must be <i>legal</i> ) <input type="checkbox"/> Psychological and/or Psychiatric Evaluations <input type="checkbox"/> Discharge Summaries from Previous Placements and/or Treatment Plan Reviews <input type="checkbox"/> Placement History (ex. Foster Homes, Hospitals, Residential Treatment, Relatives, etc.)			



## Behavioral Information Questionnaire

Client Name: \_\_\_\_\_

Date: \_\_\_\_\_

Please tell us why you are seeking counseling (check as many as necessary)

- |  |  |
|--|--|
| <input type="checkbox"/> Drug or alcohol use                               | <input type="checkbox"/> Homicidal (thought or attempt)    |
| <input type="checkbox"/> Aggressive behaviors (fighting, hitting, kicking) | <input type="checkbox"/> Difficulty making/keeping friends |
| <input type="checkbox"/> Argues, talks back, defiant                       | <input type="checkbox"/> Employment problems               |
| <input type="checkbox"/> Mood swings                                       | <input type="checkbox"/> Parenting skills                  |
| <input type="checkbox"/> Depressive symptoms                               | <input type="checkbox"/> Anger management                  |
| <input type="checkbox"/> Family difficulties                               | <input type="checkbox"/> Grief or loss                     |
| <input type="checkbox"/> Legal difficulties                                | <input type="checkbox"/> Relationship conflicts            |
| <input type="checkbox"/> Academic difficulties                             | <input type="checkbox"/> Hallucinations/Delusions          |
| <input type="checkbox"/> Social setting difficulties                       | <input type="checkbox"/> Anxiety                           |
| <input type="checkbox"/> Hyperactivity                                     | <input type="checkbox"/> Other:                            |
| <input type="checkbox"/> Suicidal (thought or attempt)                     | <input type="checkbox"/> Other:                            |

Please describe briefly when the problem(s) began:

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How would you describe the problem(s) now?

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Please rate the following on a scale of 1 to 10, with 1 being awful and 10 being wonderful (1 2 3 4 5 6 7 8 9 10)

How were you feeling about the problem(s) at the time you called? \_\_\_\_\_

How are you feeling about the problem(s) right now? \_\_\_\_\_

How confident are you that counseling will help you resolve the issue(s)? \_\_\_\_\_

Thank you for taking the time to complete this questionnaire.

**If you have any questions or need any assistance with this, please call the Intake Coordinator at 222-2347.**



**Release of Information**

I \_\_\_\_\_ authorize the release of clinical information regarding \_\_\_\_\_ :

**From/to Denali Family Services from/to:** \_\_\_\_\_  
 (Specify Agency or Individual)

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Clinical Summary            | <input type="checkbox"/> Clinical and Laboratory Results   | <input type="checkbox"/> Physician Orders             |
| <input type="checkbox"/> Continuing Care Plan        | <input type="checkbox"/> Consultations   | <input type="checkbox"/> Progress Notes               |
| <input type="checkbox"/> Medical/Dental Aftercare    | <input type="checkbox"/> Discharge Summary   | <input type="checkbox"/> Psychiatric Assessment(s)    |
| <input type="checkbox"/> Intake Assessment           | <input type="checkbox"/> Immunization Records  | <input type="checkbox"/> Treatment Plan & Need Sheets |
| <input type="checkbox"/> Psychiatric Review(s)       | <input type="checkbox"/> Medical History/Physical Exam   | <input type="checkbox"/> Treatment Plan Review(s)     |
| <input type="checkbox"/> Psychological Assessment(s) | <input type="checkbox"/> Special Education Records   | <input type="checkbox"/> UA Results                   |
| <input type="checkbox"/> Substance Abuse Assessments | <input type="checkbox"/> Verbal exchange of all information to aid in assessing and/or treating client |   |
| <input type="checkbox"/> Other: _____                |  |   |

**This information is being released/ requested for the following purpose:** \_\_\_\_\_  
 Legal Request       Further Treatment       Insurance Claim  
 Other (specify): \_\_\_\_\_

**PROHIBITION ON REDISCLOSURE:** *This information has been disclosed to you from records whose confidentiality is protected by federal law. Federal regulations (42 CFR part 2) prohibit you from making any further disclosure of this information except with the specific written consent of the person to whom it pertains. A general authorization for the release of medical or other information if held by another party is not sufficient for this purpose. Federal regulations restrict any use of this information to investigate or prosecute any alcohol or drug abuse patient. Disclosure of patient information is permitted with the patient's written consent; however, disclosures to central registries and in connection with criminal justice referrals must meet the following specific regulations: (42 CFR 2.32 and 2.33). This information disseminated from Denali Family Services.*

This information may be used for continuation of care. I understand this authorization will expire on \_\_\_\_\_ (if no date entered, this release will expire 90 days from date signed), or **6 MONTHS FOLLOWING THE DATE OF DISCHARGE FROM ANY DENALI FAMILY SERVICES PROGRAM**, revocation of custody or guardianship, or upon written revocation, whichever comes first. This authorization may be revoked prior to the expiration, but not retroactively. Photostatic and/or facsimile copies of this authorization will be considered as valid as the original.

**I acknowledge that the information to be released is protected by Federal law and may include information regarding:** drug/alcohol abuse \_\_\_\_\_ sexually transmitted diseases \_\_\_\_\_ HIV \_\_\_\_\_ Hepatitis B \_\_\_\_\_

My initials above and signature below authorizes the mutual exchange of this information. If I am involved in Child in Need of Aid proceedings, I am waiving the privileges provided by Child in Need of Aid Rule 9 only with regards to the party named above. If I am a child over the age of twelve that is involved in Child in Need of Aid proceedings, I have had the opportunity to consult with my guardian ad litem or attorney.

_____ <i>Client</i>	_____ <i>Date</i>
_____ <i>Guardian Ad Litem for Child under 12 involved in CINA proceedings</i>	_____ <i>Date</i>
_____ <i>Parent</i>	_____ <i>Date</i>
_____ <i>Guardian/Placing Worker/Legal Representative</i>	_____ <i>Date</i>
_____ <i>Witness</i>	_____ <i>Date</i>

Social Security Number: _____	Date of Birth: _____
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